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# Spring Has Sprung 5k/10k

2010 Results

- \* [5k Full Participant Roster](#)
- \* [5K Run/Walk - Female](#)
- \* [5K Run/Walk - Male](#)

Spring Has Sprung  
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[Lake County Milers](#)

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- \* [10k Full Participant Roster](#)
  - \* [10K Run – Female](#)
  - \* [10K Run – Male](#)

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- \* [Kids ½ K & 1K](#)

2009 Results

- \* [Kids 1K](#)
- \* [5K Run/Walk](#)
- \* [10K Run](#)

Timing & Results by  
[Ready, Set, Go!](#)



*Hidden Valley Lake*