SPRING HAS SPRUNG RUN
Hidden Valley Lake, California
May 30, 2009

********** 5K RUN AGE GROUP AWARDS LIST **********

FEMALE - AGE GROUP: 12 & Under

Place	Name	Sex	Age	City	State	Time	Pace
1	Xenia De Feminis	F	9	San Francisco	CA	31:22	10:06
2	Jessica Chwialkaski	F	12	Kelseyville	CA	33:22	10:45
3	Liliana De Feminis	F	8	San Francisco	CA	37:30	12:04
4	Jessica Blanchard	F	12	Hidden Valley Lake	CA	51:37	16:37

FEMALE - AGE GROUP: 13 to 15

Place	Name	Sex	Age	City	State	Time	Pace
1	Tania Nance	F	15	Hidden Valley Lake	CA	26:28	8:31
2	Jamie Sears	F	14	Hidden Valley Lake	CA	26:28	8:32
3	Maddie Kucer	F	14	Hidden Valley Lake	CA	27:57	9:00
4	Alyssa Mino	F	14	Middletown	CA	27:58	9:00
5	Jennifer Harte	F	14	Hidden Valley Lake	CA	36:10	11:39
6	Carly Walker	F	15	Hidden Valley Lake	CA	38:35	12:26
7	Jay'ce Wagner	F	14	Napa	CA	1:17:18	24:53

FEMALE - AGE GROUP: 16 to 19

Place	Name	Sex	Age	City	State	Time	Pace
1	Kelsey Welton	F	18	Hidden Valley Lake	CA	24:35	7:55
2	Alexis Valdovinos	F	16	Hidden Valley Lake	CA	24:41	7:57
3	Taylor Wessel	F	16	Hidden Valley Lake	CA	54:20	17:30
4	Hope Nowak	F	17	Hidden Valley Lake	CA	1:13:49	23:46

FEMALE - AGE GROUP: 20 to 29

Place	Name	Sex	Age	City	State	Time	Pace
1	Sarah Muchmore	F	24	Occidental	CA	28:09	9:04
2	Jennifer Saunders	F	29	Hidden Valley Lake	CA	29:30	9:30
3	Erin Barrios	F	22	Middletown	CA	38:09	12:17
4	Stacie Engrahm	F	25	Hidden Valley Lake	CA	40:54	13:10
5	Marinda Redford	F	28	Hidden Valley Lake	CA	46:14	14:53
6	April Jensen	F	20	Hidden Valley Lake	CA	52:48	17:00

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FEMALE - AGE GROUP: 30 to 39

Place	Name	Sex	Age	City	State	Time	Pace
1	Sara Edwards	F	34	Hidden Valley Lake	CA	21:57	7:04
2	Melissa Kinsel	F	35	Hidden Valley Lake	CA	25:59	8:22
3	Merci Hoskins	F	39	Hidden Valley Lake	CA	29:07	9:23
4	Jennifer Goff	F	30	Lakeport	CA	29:18	9:26
5	Kimberlie McAndrew	F	35	Los Banos	CA	31:34	10:10
6	Kristi Watson	F	39	Hidden Valley Lake	CA	32:56	10:36
7	Amanda Lutzenberg	F	33	Hidden Valley Lake	CA	33:22	10:45
8	Jennifer Chwialkaski	F	38	Kelseyville	CA	38:33	12:25
9	Lara Keyser	F	39	Hidden Valley Lake	CA	38:52	12:31
10	Ewa Konopka	F	38	Middletown	CA	41:20	13:18
11	Amie Vanderwall	F	39	Kelseyville	CA	42:04	13:33
12	Julie Moffat	F	30	Hidden Valley Lake	CA	46:14	14:53
13	Shauna Murray	F	34	Hidden Valley Lake	CA	51:49	16:41

FEMALE - AGE GROUP: 40 to 49

Place	Name	Sex	Age	City	State	Time	Pace
1	Erin Smith-Hagberg	F	45	Lakeport	CA	27:50	8:58
2	Maria Nance	F	44	Hidden Valley Lake	CA	30:42	9:53
3	Esther Martinez	F	43	Hidden Valley Rd	CA	31:56	10:17
4	Lisa Wicker	F	47	Rutherford	CA	32:30	10:28
5	Diane Tintorri	F	44	Hidden Valley Lake	CA	34:09	11:00
6	Linda Eve	F	46	Middletown	CA	34:35	11:08
7	Terri Persons	F	45	Lakeport	CA	35:22	11:23
8	Eos De Feminis	F	41	San Francisco	CA	35:41	11:30
9	Valerie Johnson	F	43	Hidden Valley Lake	CA	36:39	11:48
10	Deborah Maus	F	43	Woodland	CA	38:08	12:17
11	Julia Valdovinos	F	47	Hidden Valley Lake	CA	38:10	12:17
12	Andre Wagner	F	46	Napa	CA	40:48	13:08
13	Desiree Wessel	F	42	Hidden Valley Lake	CA	44:24	14:18
14	Tonya Shy-Wombacher	F	41	Dixon	CA	45:36	14:41

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********** 5K RUN AGE GROUP AWARDS LIST **********

FEMALE - AGE GROUP: 50 to 59

Place	Name	Sex	Age	City	State	Time	Pace
1	Sherrilyn Roth	F	51	Angwin	CA	28:33	9:12
2	Deb Ingalls	F	50	Lakeport	CA	31:42	10:12
3	Patricia Bright	F	55	Hidden Valley Lake	CA	33:02	10:38
4	Erica Bergstrom	F	53	Hidden Valley Lake	CA	34:31	11:07
5	Alice Holmes	F	51	Lakeport	CA	36:00	11:35
6	Jackie Jordan	F	57	Cobb	CA	36:10	11:39
7	Tanya Michel	F	50	Kelseyville	CA	38:11	12:18
8	Susan Pollesel	F	54	Ukiah	CA	42:12	13:35
9	Deborah Eggers	F	56	Clearlake	CA	43:16	13:56
10	Colleen Murphy-Allen	F	51	Cobb	CA	45:36	14:41
11	Anna Lovrin	F	56	Nice	CA	48:08	15:30
12	Karen Jensen	F	55	Hidden Valley Lake	CA	52:49	17:00
13	Vernetta Cizek	F	53	Napa	CA	54:10	17:26
14	Cheryl Ann Cerezo	F	50	Martinez	CA	55:22	17:50
15	Linda Karp	F	57	Cobb	CA	55:22	17:50

FEMALE - AGE GROUP: 60 +

Place	Name	Sex	Age	City	State	Time	Pace
1	Diane Parker	F	62	Napa	CA	35:37	11:28
2	Virginia Cholez	F	60	Kelseyville	CA	39:30	12:43
3	Georgeann Tintorri	F	66	Hidden Valley Lake	CA	54:45	17:38
4	Kathy D'Agosta	F	66	Hidden Valley Lake	CA	54:45	17:38