

SPRING HAS SPRUNG RUN
Hidden Valley Lake, California
May 20, 2009

***** 10K RUN OVERALL & AGE GROUP WINNERS *****

MALE OVERALL - 10K RUN RESULTS

Place	Name	Sex	Age	City	State	Time	Pace
1	Evan Chang	M	49	Hidden Valley Lake	CA	40:41	6:33
2	Jeff Schlyer	M	43	Hidden Valley Lake	CA	43:14	6:58
3	Joe Flores	M	32	Vallejo/Napa	CA	46:00	7:25

FEMALE OVERALL - 10K RUN RESULTS

Place	Name	Sex	Age	City	State	Time	Pace
1	Linda Boatright	F	41	Kelseyville	CA	49:17	7:56
2	Chiyako Ito	F	42	Hidden Valley Lake	CA	52:44	8:30
3	Aftan Burnett	F	26	Napa	CA	53:12	8:34

10K AGE GROUP RUN RESULTS

MALE 10K RUN AGE GROUP: 19 & Below

Place	Name	Sex	Age	City	State	Time	Pace
1	Andy Nowak	M	19	Kelseyville	CA	51:09	8:14
2	Andrew Divodi	M	17	Windsor	CA	58:42	9:27

MALE 10K RUN AGE GROUP: 20 to 29

Place	Name	Sex	Age	City	State	Time	Pace
1	Aaron Shelton	M	29	Fairfield	CA	48:00	7:44

MALE 10K RUN AGE GROUP: 30 to 39

Place	Name	Sex	Age	City	State	Time	Pace
1	Joe Flores	M	32	Vallejo/Napa	CA	46:00	7:25
2	Jose Barriga	M	30	Hidden Valley Lake	CA	46:10	7:26
3	Julio Diaz	M	31	Napa	CA	49:15	7:56
4	Erasmus Gonzalez	M	33	Hidden Valley Lake	CA	51:32	8:18

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***** 10K RUN OVERALL & AGE GROUP WINNERS *****

MALE 10K RUN AGE GROUP: 40 to 49

Place	Name	Sex	Age	City	State	Time	Pace
1	Evan Chang	M	49	Hidden Valley Lake	CA	40:41	6:33
2	Jeff Schlyer	M	43	Hidden Valley Lake	CA	43:14	6:58
3	Francisco Barriga	M	41	Corning	CA	48:55	7:53
4	Larry Thomas	M	45	Angwin	CA	56:23	9:05
5	Randy Brown	M	43	Clearlake Oaks	CA	57:36	9:17
6	James Wagner	M	49	Napa	CA	1:01:32	9:55

MALE 10K RUN AGE GROUP: 50 to 59

Place	Name	Sex	Age	City	State	Time	Pace
1	David Summit	M	55	Potter Valley	CA	48:15	7:46
2	John Sullivan	M	53	Middletown	CA	51:12	8:15

MALE 10K RUN AGE GROUP: 60+

Place	Name	Sex	Age	City	State	Time	Pace
1	Geores Buttner	M	72	Berkeley	CA	1:02:09	10:01

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FEMALE 10K RUN AGE GROUP: 20 to 29

Place	Name	Sex	Age	City	State	Time	Pace
1	Aftan Burnett	F	26	Napa	CA	53:12	8:34
2	Meredith Langford	F	26	Hidden Valley Lake	CA	53:43	8:39
3	Heather Chrisp	F	24	Lower Lake	CA	57:16	9:13
4	Megan Buffalo	F	27	Kelseyville	CA	1:08:03	10:57
5	Jetta Meadows	F	29	Kelseyville	CA	1:08:04	10:58

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FEMALE 10K RUN AGE GROUP: 30 to 39

Place	Name	Sex	Age	City	State	Time	Pace
1	Mireya Turner	F	39	Kelseyville	CA	53:25	8:36
2	Anna Tyrrell	F	33	Hidden Valley Lake	CA	56:51	9:09
3	Aurora Barriga	F	39	Corning	CA	59:00	9:30
4	Chelsie Conover	F	32	Hidden Valley Lake	CA	1:01:29	9:54
5	Crystal Smith	F	30	Kelseyville	CA	1:07:28	10:52
6	Tiffani Moore	F	30	Hidden Valley Lake	CA	1:11:30	11:31

FEMALE 10K RUN AGE GROUP: 40 to 49

Place	Name	Sex	Age	City	State	Time	Pace
1	Linda Boatright	F	41	Kelseyville	CA	49:17	7:56
2	Chiyaiko Ito	F	42	Hidden Valley Lake	CA	52:44	8:30

FEMALE 10K RUN AGE GROUP: 50 to 59

Place	Name	Sex	Age	City	State	Time	Pace
1	Gail Leland	F	58	Redwood Valley	CA	54:37	8:48
2	Janese Summit	F	54	Potter Valley	CA	56:04	9:02
3	Sue Samota	F	57	Lakeport	CA	1:11:25	11:30

FEMALE 10K RUN AGE GROUP: 60+

Place	Name	Sex	Age	City	State	Time	Pace
1	Isabel Brown	F	60	Lakeport	CA	1:04:00	10:18
2	Mary Ellen Rudee	F	60	Cobb	CA	1:08:57	11:06